



# Bulletin de FALLINGBROOK Newsletter



Fallingbrook Community Association communautaire de Fallingbrook ~ [www.fallingbrook.com](http://www.fallingbrook.com)

## FCA Honours Community Volunteers

The Fallingbrook Community Association honoured community volunteers at its annual Volunteer Awards Night held Saturday May 6th at the Ray Friel Recreation Complex. Dignitaries in attendance included Ottawa-Orléans MPP Phil McNeely, Cumberland Ward Councillor Rob Jellett, Orléans Ward Councillor Bob Monette and Philip Berthiaume representing Ottawa-Orléans MP Royal Galipeau.

Master of Ceremonies for the evening was FCA President Zybina Richards, who herself received the Long Term Service Award. Surprised by David Villeneuve with the announcement and almost moved to tears, Zybina thanked the association for their teamwork and camaraderie over the years. Zybina Richards has been the longest-serving president of the association, holding the position since May 2000. On behalf of the FCA David thanked Zybina for her tireless commitment and dedication to the community.

This year's recipient list included several youth awards. Sixteen year old Alexandra Gayle received the Girl Guides Junior Leader Award for her volunteer work with the 50th Orléans Sparks. Fifteen year old Andrew Both received a Youth Achievement Award in recognition of his work organizing the Charity Classic Golf Tournament that raised \$18,000 last year, while 11 year old singer Alex Lacasse received a Youth Achievement Award for his countless charity performances, particularly at senior citizen residences. If an opportunity presents itself to attend one of Alex' performances, you should not miss it.

Presentations were also made to Kelly Grant who received an award for her contributions as a leader with the 4th Orléans Scouts; Meredith Vrbanac received the English Catholic School award for her volunteerism at St. Francis of Assisi elementary school; Stephanie Cappelli received the Community Service Award for her support of FCA activities; Catherine Doyle received the Girl Guide Service Award; and Jamie Sheldrick and Marc Coderre were recognized for their outstanding contributions to the Fallingbrook outdoor rinks.

The Fallingbrook Community Association would also like to extend its appreciation to Ken Marentette, Serco General Manager of the Ray Friel Recreation Complex, and his dedicated staff for the professional catering of the Volunteer Awards night despite a few last minute challenges.



Zybina Richards receives the Long Term Service Award accompanied by, from the left, Philip Berthiaume, Cumberland Ward Councillor Rob Jellett, MPP Phil McNeely and Orléans Ward Councillor Bob Monette. Photo by Fred Sherwin.



Fallingbrook Volunteer Award recipients from left to right: Andrew Both, Zybina Richards, Stephanie Cappelli, Alex Lacasse, Catherine Doyle, Meredith Vrbanac, Kelly Grant and Alexandra Gayle. Absent were Jamie Sheldrick and Marc Coderre. Photo by Fred Sherwin.



Andrew Both receives a Youth Achievement Award from Cumberland Ward Councillor Rob Jellett, accompanied by his brother Bradley Both. Photo by Fred Sherwin.

*Congratulations to all award recipients!*

More photos on page 2.

**L'exécutif de l'Association communautaire  
Fallingbrook pour l'année 2006-07**

**Fallingbrook Community Association  
2006-07 Executive List**

L'Association communautaire Fallingbrook aimerait vous souhaiter la bienvenue dans notre communauté. Nous invitons toute personne intéressée à une de nos réunions. Les réunions ont habituellement lieu le troisième lundi du mois (septembre à avril).

The Fallingbrook Community Association would like to welcome you to the neighborhood. If you would like to attend one of our executive meetings, they are normally held the third Monday of the month (Sep to Apr).

President/Président	Zybina Richards	837-7623
Vice President/Vice-Président	Eric Tousignant	830-8234
Treasurer/Trésorier	Don Pottier	834-9650
Secretary/Secrétaire	David Villeneuve	837-0336
Recreation/Loisirs	George Blake	837-1695
Rinks/Patinoires	Paul Pelletier	824-9992
Members at Large/ Membres général	Marc Cappelli	834-6636
Newsletter/Bulletin	Brenda Spearman	unlisted
	Don Pottier	834-9650

The *Fallingbrook Newsletter* is published by the Fallingbrook Community Association. The newsletter is distributed free of charge to all households in the Fallingbrook neighborhood. Articles and letters submitted for inclusion in the *Fallingbrook Newsletter* reflect the opinion of the author, and not necessarily that of the Editors or of the Fallingbrook Community Association. The Editor reserves the right to edit or reject any articles or letters submitted for publishing.

Le bulletin de *Fallingbrook* est publié par l'Association communautaire de Fallingbrook. Ce bulletin est distribué à chaque résidence de Fallingbrook. Les articles et lettres soumis ne reflètent nécessairement pas les opinions des rédacteurs ou de l'Association, mais plutôt l'opinion de l'auteur. Le rédacteur se réserve le droit de corriger ou rejeter les articles et lettres soumis pour publication.

**FCA Volunteer Awards Night  
May 6, 2006**



*Alex Lacasse receives his Youth Achievement Award from Orléans Ward Councillor Bob Monette, accompanied by FCA President Zybina Richards. Photo by Fred Sherwin.*



*Meredith Vrbanac receives her School Volunteer Service Award from Orléans Ward Councillor Bob Monette, accompanied by St. Francis of Assisi School Principal Maureen Atherton. Photo by Fred Sherwin.*



*Alexandra Gayle receives her Junior Leader Award from Ottawa-Orléans MPP Phil McNeely. Photo by Fred Sherwin.*



*Kelly Grant receives her Scouting Service Award from Philip Berthiaume as 4th Orléans Group Commissioner Patrick Wall looks on. Photo by Fred Sherwin.*



*Catherine Doyle receives her Girl Guide Volunteer Service Award from Cumberland Ward Councillor Rob Jellett accompanied by Tracey Fitzpatrick. Photo by Fred Sherwin.*



*Stephanie Cappelli receives her Community Service Award from MPP Phil McNeely, accompanied by FCA Vice-President Eric Tousignant. Photo by Fred Sherwin.*



**Happy Canada Day to all!  
Bonne fête du Canada  
à tous et à toutes!**

Rob Jellett  
Councillor/Conseiller  
Quartier Cumberland Ward  
(613) 580-2489  
rob.jellett@ottawa.ca



## Nothing to do this Summer?

If you're looking for fun this summer, then the **Ray Friel Recreation Complex** is the place to be. We offer the community the most extensive public skating and shinny schedule in the city. Check out the schedule on our website at [www.RAYFRIEL.com](http://www.RAYFRIEL.com). We are also offering several hockey programs throughout the summer - from the brand new **3 on 3** hockey league, which allows players in 5 divisions the time and space to be more creative with the puck, to the **X-Treme Hockey Summer Camp**, which stresses the fundamentals of the game over four separate weeks throughout July, at reasonable prices. For the younger hockey player we offer **Advanced Skills and Drills** and for the first year player we offer **Hockey Fundamentals**, which teaches first year players the basics needed to succeed.

If the pool is where you want to be for the summer, we also offer many pool related activities. **'Backyard Pool Safety'** is a two-hour course covering the do's and don'ts of home pool safety and supervision. Learn the safe-guarding of young children as well as adults.

We also feature swimming lessons for all ages and offer over 200 scheduled swimming lessons each week. The programs offered range from parent and tot, preschool, school age, advanced programming (life guarding) to adult lessons and private lessons.

**Swim to Survive:** Overcome your fear of water and learn the basic survival skills needed to recover from an unexpected fall into deep water. Build your confidence in this one-hour program. Open to everyone.

Our daily **wave swim** is from 1:30 to 4:30 p.m. Summer schedule begins as of June 28th. Visit our website at [www.RAYFRIEL.com](http://www.RAYFRIEL.com) for all current information.

Youth activities and camps are the bulk of our summer fun. We provide fun, reliable and affordable programming in a safe structured environment. This year we have **11 fun-filled camps** for ALL ages. Register today!

## Fallingbrook Falls Cleanup 4th Orleans Scouts Environmental Project

by Amy Lepine

On Sunday May 7th, 2006 approximately thirty Beavers, Cubs, Scouts and their leaders went out to do the tedious task of saving our Fallingbrook Falls. For about two hours we collected all sorts of debris and litter that was discarded into the falls. The majority of the trash that we collected was wrappers that had been dropped carelessly. We also collected various parts of bicycles and other electronic parts.

Collecting all of this garbage and removing it from the Fallingbrook Falls may seem impressive; however, it just goes to show how careless and selfish some members of our community can be. But on a positive note our garbage pile has been slowly getting smaller. Four years ago, for example, our pile was four times as big as the one this year. Also, four years ago no one was regularly cleaning these falls. But now 4th Orleans has come into the picture. We have decided to make this activity our environmental project. Annually for the past couple of years we have gathered to clean up the Fallingbrook Falls.

This small project not only affects our community, but it also affects the world around us. The water that was contaminated by all this garbage runs into the Ottawa River. The Ottawa River is a key water system for Ottawa and Québec. This simple act of collecting garbage was an easy task involving thirty people or so over two hours. Imagine what would happen if everyone took an hour or two cleaning a part of our community. It would be a much more pleasant area in which to live and play. So the next time you have a wrapper, take the extra step and throw it in the garbage.

## Greater Orléans Canada Day Petrie Island

### Fallingbrook Community Association Kids' Tent

Opens 11 am Saturday July 1st



Maze  
Mini putt  
Fishing pond  
Free balloons  
Free prizes  
Face painting  
Little Ray's Reptiles

2 pm Family Olympics

free games for 2-12 year olds  
free prizes for all



Visit [www.greaterorleanscanadaday.ca](http://www.greaterorleanscanadaday.ca) for the latest schedule

### Activity Highlights

Circus Delights Magic Show  
Opening Ceremonies (at noon)  
Karaoke Competition  
Mad Science Show

Main Stage Entertainment featuring:

Caper Country  
The Stone Cole Band  
Serge Monette  
The Trevor Finlay Band

Fireworks at 10:05 pm



# Greater Orléans Canada Day



## Saturday July 1st ~ Petrie Island

[www.greaterorleanscanadaday.ca](http://www.greaterorleanscanadaday.ca)

### Frequently Asked Questions

**Q) Will bikes be allowed on Petrie Island?**

A) Absolutely, in fact, 200 sections of barricade fencing is being brought in to provide a lock-up area.

**Q) Can I park on Petrie Island?**

A) Parking on Petrie Island during Canada Day will be restricted to pass holders only and handicapped vehicles. Parking is available in several fields along the North Service Road and the OC Transpo Park and Ride on Trim Road.

**Q) Will there be handicap parking?**

A) Handicap parking will be available on site.

**Q) How do we access the parking areas?**

A) All access to the parking areas along the North Service Road will be via Tenth Line Road. The section of Trim Road north of Hwy. 174 will be closed for the day.

**Q) Is transportation being provided from Place d'Orléans?**

A) Because it is a statutory holiday there is no OC Transpo service from Place d'Orléans to the Trim Road Park and Ride.

**Q) Why is there no shuttle service being provided?**

A) The Greater Orléans Canada Day Committee did consider organizing a shuttle bus service but ran into logistical problems when considering how to get everyone home after the fireworks.

**Q) How do we get from the parking areas to the Canada Day site?**

A) Tractor drawn hay wagons similar to the ones used at the 2001 International Plowing Match in Navan will be used to shuttle people from the parking areas to the Petrie Island. However, they will run between 10 a.m. and 9 p.m. only. There will be no shuttle service from the site to the parking areas (a distance of approximately 1.2 kilometres) from one hour before the fireworks onwards due to safety concerns. Because of the amount of people expected for the fireworks and limited space along the causeway leading to the island it would be unsafe and impractical to operate shuttles in and among the pedestrians.

**Q) Can I bring my own alcohol onto the site?**

A) NO! Because Petrie Island is a city park the consumption of alcohol in public is strictly prohibited and the authorities will be exercising a zero tolerance policy. Anyone found consuming alcohol in public will be fined.

**Q) What should I bring with me if I'm going to Petrie Island on Canada Day?**

A) It is advised that patrons bring a hat and plenty of sunscreen. Chairs and coolers will also be allowed on site as well as sun umbrellas.



### Parking

1) There will be no parking for the general public on Petrie Island during the Greater Orléans Canada Day except for handicap drivers and their vehicles.

2) Two large parking areas will be set up in two vacant fields to the east and west of Trim Road along the North Service Road (P1 and P2). They will be manned by volunteer parking attendants.

3) A fee of \$2 will be charged for each vehicle with the proceeds to be split evenly between helping pay for the event and the community groups providing volunteers for parking and traffic management.

3) All access to the parking areas will be from Tenth Line Road and east along North Service Road.

4) Tractor drawn hay wagons will shuttle patrons from the parking areas to the main site, however, due to certain requirements that fall under the conditions of our insurance policy, the causeway leading to the island must be restricted to pedestrian traffic only once the fireworks are over. As a result of these conditions, the shuttles will cease to operate after 9:30 p.m., meaning the people on site will have to walk back to their cars - a distance of 1.2 to 1.6 kilometres (approx. 15 to 20 min.).

